# Neuroscience Matters: Research in Scotland is key to future health



## Why Neuroscience Matters

### Prof Tara Spires-Jones

BNA President, UK Dementia Research Institute Group Leader Centre for Discovery Brain Sciences, the University of Edinburgh

Fundamental understanding of our humanity

Essential to prevent and treat neurological and psychiatric disorders

benefits
reduced disease
burden, creates jobs,

keeps UK at forefront of cutting-edge research







#### What makes us human

- How do we think, feel, remember?

- Challenge to understand, fix, enhance brain

function

Human Brain Project (EU, 1 billion euro),

Brain Research Through Advancing Innovative
 Neurotechnologies (BRAIN Initiative, US, over \$1.3 billion)

- Scottish Brain Health & Dementia Research Strategy
- Dementia in Scotland Strategy







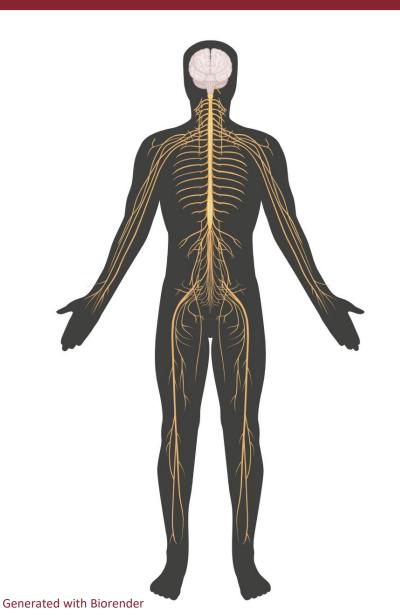


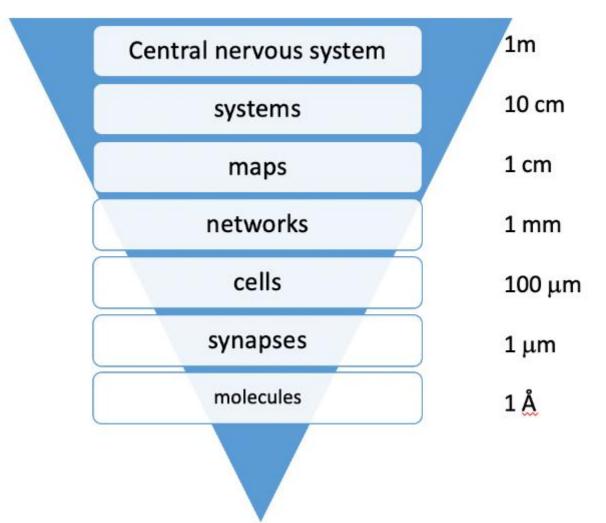






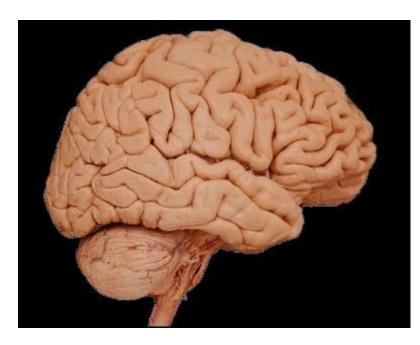
#### The challenge: The scales of neuroscience







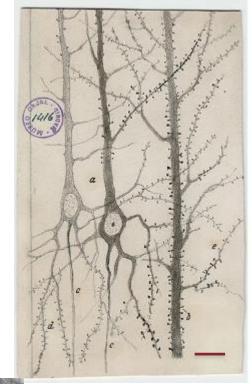
#### The challenge: The amazingly complex nervous system



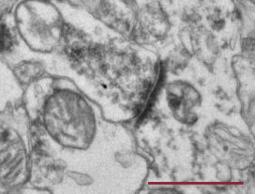
10<sup>11</sup> brain cells (100 billion) 10<sup>14</sup> synapses (100 trillion)







The Beautiful Brain
Drawings of Santiago
Ramon y Cajal, scale
bar ~0.01 mm



Electron micrograph of human synapse scale bar 0.001 mm





# Defeating brain & nervous system disorders

Neurological disorders one of the leading causes of disability globally

Over 1 billion people live with mental health disorders



#### people with a neurological condition

Including within Scotland an estimated: 90,000 with dementia, 58,000 with epilepsy, 15,750 with MS, 12,400 with Parkinson's, 400 with MND.<sup>1</sup>

1 in 3 people in Scotland are estimated to be affected by mental illness in any one year





- 1. Sources: scottishneurological.org.uk; alzscot.org; epilepsyscotland.org.uk;mssociety.org.uk; parkinsons.org.uk; mndscotland.org.uk.
- 2. gov.scot/policies/mental-health

#### Defeating brain & nervous system disorders - challenges

Complexity of the brain makes tackling these diseases very difficult

Chronic underfunding compared to other biomedical fields

Lack of capacity and "brain drain"





# Defeating brain & nervous system disorders - challenges

Brain disorders
cost over 100
billion pounds per
year in the UK
alone

Feinberg et al 2013 J Psychopharacol 10.1177/0269881113495118



Estimated cost of dementia every year in Scotland <sup>3</sup>



Defeating brain & nervous

system disorders Research WORKS

Spinal Muscular Atrophy (SMA) fatal motor neuron disease in 1:10,000 people

1990s-2000s genetic cause discovered

Advances in antisense oligonucleotide technology - creation of a treatment to fix gene expression







https://www.theguardian.com/society/2021/jun/01/baby-boy-is-first-to-receive-18m-treatment-for-spinal-muscular-atrophy-on-nhs

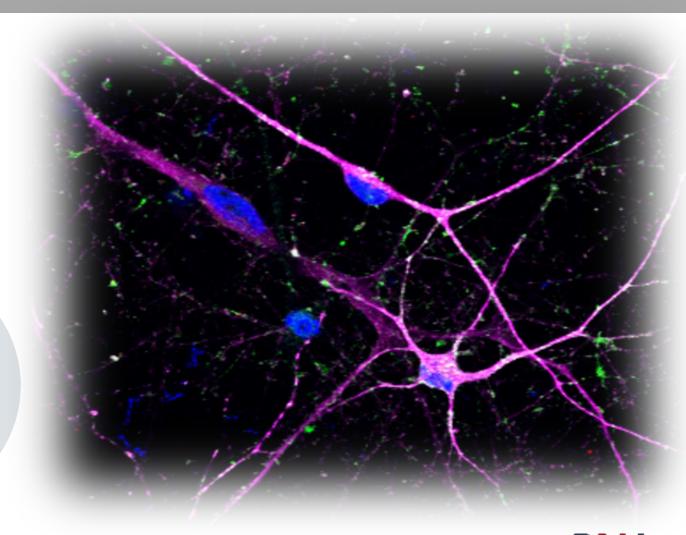
Arthur Morgan, first person in the UK treated with SMA drug

#### Societal benefits of Neuroscience

Enhances knowledge and Scottish science reputation

Improves the long-term health of people in Scotland

Keeps Scotland at forefront of cutting-edge research





# Keeping the Scotland at the forefront of scientific and medical advances

Fuelling developments in neurodegen disease research

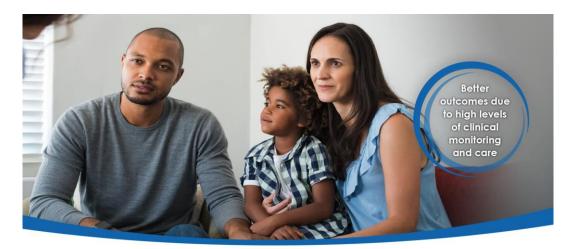
Promoting Brain Health

Bringing high tech-jobs and investment to Scotland



#### Scottish Brain Sciences

- Pioneering new international brain sciences research organisation
- Gives people the opportunity to join the world's first Brain Health Community
- Shaping future neurological wellbeing of people now and in generations to come.



# You can help neuroscience

**Fundamental** understanding of our humanity

Essential to prevent and treat neurological and psychiatric disorders

Provides societal benefits





Access to the **best** minds and international collaborative funding

**Boost funding** to help tackle Scotland's key future health challenges

Accelerate Scottish neuroscience research and spread **public** health messages about preventing brain disorders



#### **Contact:**

Tara.spires-jones@ed.ac.uk @TSpiresJones









#### THANK YOU





